

Baanrecords Proteus-Eretes in 't Lang

| HEREN | | | |
|--------------|-------------------|-------------|-------------|
| VELD | VERENIGING | TIJD | JAAR |
| HErv8+ | Nereus | 14:42.50 | 2017 |
| HErv4* | Proteus-Eretes | 15:54.57 | 2007 |
| HErv4+ | Saurus | 16:25.75 | 2007 |
| HErv4- | Proteus-Eretes | 18:37.25 | 2011 |
| HB4+ | Aegir | 17:13.71 | 2009 |
| HC4+ | Nereus | 17:11.30 | 2013 |
| HLenteC4+ | Skøll | 19:34.50 | 2008 |
| HC4* | Triton | 16:49.50 | 1988 |
| HV4+ | De Laak | 17:33.50 | 1995 |
| HErv2x | Phocas | 16:39.00 | 2017 |
| HErv2- | DDS | 17:19.84 | 2007 |
| HErv1x | Laga | 17:44.70 | 2023 |
| HC2+ | Proteus-Eretes | 24:34.86 | 2006 |

| DAMES | | | |
|--------------|----------------------------|-------------|----------------|
| VELD | VERENIGING | TIJD | JAAR |
| DErv8+ | Njord | 16:07.10 | 2021 |
| DErv4* | De Hunze | 17:11.73 | 2009 |
| DErv4+ | Nereus | 17:57.05 | 2018 |
| DB4+ | Okeanos | 19:07.76 | 2007 |
| DC4+ | Skadi | 18:38.550 | 2024 |
| DLenteC4+ | Okeanos | 22:39.20 | 2003 |
| DC4* | Asopos de Vliet | 20:04.30 | 1995 |
| DErv2x | De Laak / Spaarne - Saurus | 18:10.80 | 2002 – 2017 |
| DErv2- | Proteus-Eretes | 19:34.245 | 2024 |
| DErv1x | Skøll | 19:27.21 | 2007 |

| MIX | | | |
|-------------|-----------------------|-------------|-------------|
| VELD | VERENIGING | TIJD | JAAR |
| Mix8+ | Proteus-Eretes / Orca | 18:28.80 | 1997 |
| MixC4+ | Proteus-Eretes | 19:01.44 | 2009 |
| MixC4* | Proteus-Eretes | 18:44.90 | 1994 |
| Mix2x | Proteus-Eretes | 17:35.40 | 2024 |

| BEDRIJFSACHTEN | | | |
|-----------------------|-------------------------------|-------------|-------------|
| VELD | VERENIGING | TIJD | JAAR |
| Bedr8+ (4,5k) | Ordina | 15:42.62 | 2009 |
| Bedr8+(3k) | Haagse Hogeschool en Van Oord | 11:29.50 | 2018 |

| JEUGD | | | |
|--------------|-------------------|-------------|-------------|
| VELD | VERENIGING | TIJD | JAAR |
| M16 2x | De Laak | 22:19.15 | 2009 |
| M18 2x | Jason / Isala | 21:11.30 | 2003 |
| J18 2x | Roosendaalse | 19:47.10 | 2015 |
| J16 2x | Beatrix 2 | 17:49.80 | 2006 |